Dementia Curriculum for Health Care Professionals

Module 4: References

Providing and Discussing a Dementia Diagnosis with Persons Living with Dementia (PLwD) and Their Care Partners

HRSA
Health Resources & Services Administration

Module 4 References

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Module 4 Resources

Alzheimer's Association has many resources 24-hour HELPLINE (1.800.272.3900)

Web site at http://www.alz.org is a national resource, with portals in multiple languages containing easy-to-understand information about dementia and Alzheimer's disease.

Alzheimer's Association has resources specifically geared for Healthcare providers can be found at https://alz.org/professionals/healthcare-professionals Their link to the caregiver section is https://alz.org/help-support Spanish language portal for information on Alzheimer's disease is at http://www.alz.org/espanol Note: There are other portals in Chinese, Japanese, Korean, Vietnamese, Arabic, Hindi, and Russian.

American Parkinson Disease Association: Through a nationwide network of local Chapters, APDA delivers education, support, and patient services to Americans with Parkinson's and their families each day. https://www.apdaparkinson.org/resources-support/

American Psychological Association: http://www.apa.org/pi/about/publications/caregivers/practice-settings/assessment/tools/ Caregiver assessment tools; coping with caregiver stress and burden. Within the APA Web site, Publications and Databases tab; "Caregiver toolkit". Look under Assessment tools, Caregiver assessments, and/or coping with caregiver stress and burden for a comprehensive resource on the topic of caregiver assessment.

Association for Frontotemporal Degeneration: Information and resources for Health Professionals including Diagnosis FTD, Treating FTD, Clinical Presentations, and Partners in FTD Care Newsletters. https://www.theaftd.org/for-health-professionals/

Center for Quality Assessment and Improvement in Mental Health. PHQ2. http://www.cqaimh.org. The PHQ2 is a very brief screening tool for depression; if a person screens positive, the full PHQ9 can be given; if the score is above the validated cut-offs, the persons should be referred to a mental health provider for further assessment and treatment.

Compassionate Touch is a valuable method using skilled touch and presence that will help family members and care-partners stay connected with individuals living with dementia and enhance calm throughout the journey of dementia. To download the free the Compassionate Touch white paper, go to https://ageucate.com/documents/Compassionate%20Touch%20White%20Paper.pdf.

Cultural Competency: Engebretson, J., Mahoney, J., & Carlson, E. D. (2008) Cultural competence in the era of evidence-based practice. *Journal of Professional Nursing, 24*(3), 172–178.

Easy to print and understand version of the Caregiver Self-Assessment Questionnaire, a tool

developed by the AMA. Available at: http://web.mit.edu/workplacecenter/hndbk/sec4.html

Dementia Action Alliance: DAA's Resources Center identifies content especially helpful for people living with dementia. There are many valuable free resources for professional health care providers, individuals with dementia, and family care-partners at https://daanow.org/resource-center/

HealthinAging.org: contains caregiver self-assessment tools in several languages

Lewy Body Dementia Association: LBDA provides educational resources to assist individuals with LBD, their families and health care providers. https://www.lbda.org/go/materials

Naomi Feil, founder of Validation Therapy, offers free videos on YouTube on how to connect with an individual living with dementia when words don't seem to be working

National Institutes of Health. (2016, July 29). Cultural Respect. Retrieved from: https://www.nih.gov/institutes-nih/nih-office-director/office-communications-public-liaison/clear-communication/cultural-respect

Rosalynn Carter Institute for Caregiving: http://www.rosalynncarter.org). Information on evidence-based programs including multiple adaptations of the REACH program used nationally.

Teepa Snow offers short free videos on YouTube demonstrating positive approaches that support the needs of both the PLwD and their care-partners.